

# Catch-up Programmes at Pucklechurch Primary School



## What is a Catch-up Programme?

We use Catch-up Programmes to help our children who need a bit of extra support with their learning.

These are short sessions over time to help a child learn a specific skill or strength that's stopping them from making progress.

The Programmes will be led by a Class Teacher or Teaching Assistant; we make strong links between what the children learn in their Catch-up Programmes and what they do in class.

## Which children need them?

We might choose children because they are not making the progress we expect them to make. The Class Teacher may have recognised a need to support.

Some of the children might be on the SEN Register, some might not be. We might test a child's reading, maths and spelling age to help us choose the right Catch-Up Programme. We use these tests again at the end of the programme to see how it has worked.



## What next?

Sometimes, a child may need further support. We might then work with outside agencies, but of course we would involve parents closely at this stage.

# Plus 1/Power of 2

## What is it?

These books are essentially coaching manuals which help to deliver individual support. The books teach all the building blocks of numbers and develop skills with mental calculations.

## Who is it for?

This Catch-up Programme supports children who might:

- be making low progress in maths due to difficulty recalling basic facts;
- benefit from benefit from repeated rehearsal of number facts;
- have dyscalculic or dyslexic traits;
- enjoy competing with themselves and trying to better their personal scores.

## When does it happen?

This program works best when delivered in 10-15 minute slots at least three times a week, with one adult working with one child.



# Mathletics

## What is it?

Mathletics (mathletics.com) is designed to provide children with a captivating and safe maths learning experience, with fun learning games which are targeted to a child's area of need.



## Who is it for?

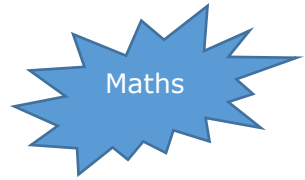
This Catch-up Programme supports children who might:

- be making low progress in maths due to difficulty recalling basic facts;
- benefit from benefit from repeated rehearsal of number facts;
- have dyscalculic or dyslexic traits;
- enjoy using a computer to support their learning.

## When does it happen?

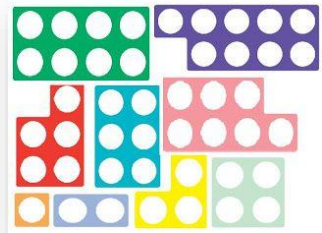
Although Mathletics can be used as a Catch-Up Program, it is actually available to all pupils to use at home, via log-ins which are sent home at the start of each year. The program works best when children work for 10-15 minutes at least 3 times a week.

# Numicon



## What is it?

Numicon builds a deep understanding of maths through a multi-sensory approach.



## Who is it for?

This Catch-up Program supports children who might:

- benefit from discussing their mathematical thinking;
- benefit from seeing maths concretely;
- have a low concept of number, place value, etc;
- have significant basic knowledge gaps, e.g. counting forwards and backwards.

## When does it happen?

10-minute slots at least 3 times a week, individually or in

# Pucklechurch Reading Partners



## What is it?

This Programme helps children to make rapid progress in their reading ability by giving them regular opportunities to read to an adult and develop their reading skills.



## Who is it for?

This Catch-up Programme supports children who might:

- be behind in their reading;
- do not have the opportunity to read regularly at home;
- would benefit from extra reading to increase fluency, practice phonic skills, etc.

## When does it happen?

This Programme is best delivered in 30-minute slots, at least once a week, with one adult working with each child.

# Nessy

## What is it?

Nessy Reading & Spelling ensures that each child receives instruction tailored to his or her specific needs. It is flexible enough to be adapted to how the individual learns. Nessy can be used to supplement an existing program or as a complete system of instruction. Multisensory activities, reading and spelling are taught at the same time. It is a highly structured, sequential, cumulative and systematic phonics based learning program.



## Who is it for?

This Catch-up Programme supports children who might:

- be behind in their reading;
- do not have the opportunity to read regularly at home;
- Struggle with basic spelling patterns;
- would benefit from extra reading to increase fluency, practice phonic skills, etc.

## When does it happen?

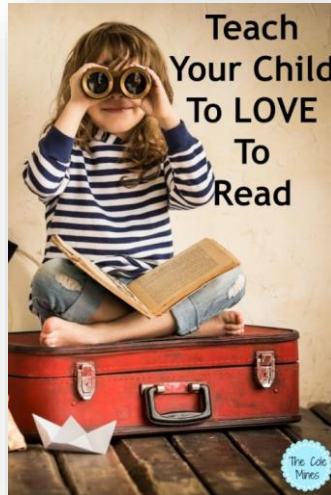
This Programme is best delivered in 30-minute slots, at least twice a week; as it is online, it can also be done at home.

# Love of Reading

Reading

## What is it?

This Programme aims to develop children's engagement in reading by giving them opportunities to read to an adult, and be read to. There is time for discussion about the book and children are supported to understand which types of reading they like doing and to extend the range and frequency of their reading.



## Who is it for?

This Catch-up Programme supports children who might:

- be behind in their reading;
- not have the opportunity to read regularly at home;
- not voluntarily choose a book or choose to read;
- not be able to find a book they like.

## When does it happen?

This Programme is best delivered in 30-minute slots, at least once a week, with one adult working with a small group of 2-3 children.



# Direct Phonics

## What is it?

Direct Phonics is a research based synthetic phonics programme for those children who struggle with basic literacy. The content is cumulative and very repetitive and children listen, speak, read and write in each lesson.



## Who is it for?

This Catch-up Programme supports children who might:

- struggle with basic literacy;
- benefit from repeated practice of a skill;
- benefit from skills being directly modelled to them;
- have gaps in their phonic knowledge.

## When does it happen?

This Programme is best delivered in 10-minute sessions, at least three times a week. This could be individually or in small groups.

**Delivery & Format:** 10 minute slots at least 3 times a week, in small groups or individually.

# Sounds Discovery

Reading

## What is it?

Sounds Discovery is a high quality synthetic phonics literacy programme developed for the teaching of reading, spelling and writing



## Who is it for?

This Catch-up Programme supports children who might:

- attain at a low level in reading;
- struggle to understand grapheme-phoneme correspondences;
- benefit from short, repeated skills practice.

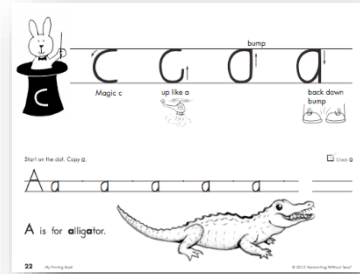
## When does it happen?

**Delivery & Format:** 10 minute slots at least 3 times a week, small groups or individually

# Handwriting Without Tears

## What is it?

Children who master handwriting are better, more creative writers. The earlier we teach them to master handwriting, the more likely they are to write with speed and ease and succeed in school. Handwriting Without Tears uses fun, engaging, and developmentally appropriate instructional methods to enable children to master handwriting as an automatic and comfortable skill.



## Who is it for?

This Catch-up Programme supports children who might:

- are in KS1
- have difficulty forming letters;
- benefit from repeated practice of a skill;
- struggle with attention span.

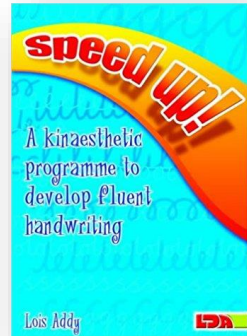
## When does it happen?

10 minute slots at least 3 times a week, individually or in small groups.

## Speed-Up!

### What is it?

Speed Up! provides a multi-sensory course of help for any child aged 8-13 whose handwriting is illegible, slow or lacking in fluency. Developed by a leading paediatric occupational therapist and designed specifically for older children struggling with handwriting, Speed Up! gets to the root of writing difficulties by developing kinaesthetic awareness through multi-sensory activity and exercise.



### Who is it for?

This Catch-up Programme supports children who might:

- be in KS2
- have writing which is laboured, slow, illegible, lacking fluency or with a mixture of print and cursive
- be dyslexic or have ADHD;
- have a neurological impairment, such as cerebral palsy.

### When does it happen?

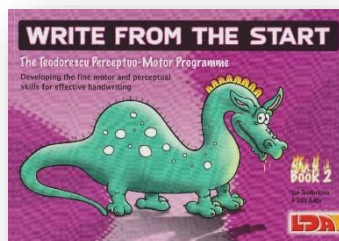
30 minute slots at least 1 time a week, small groups, for 8 weeks

# Write from the Start

Writing

## What is it?

This programme offers a different approach to other handwriting programmes, developing the muscles of the hand so that children gain the necessary control to produce letter forms. It also helps them to develop the perceptual skills required to orientate and organize letter and words.



## Who is it for?

This Catch-up Programme supports children who might:

- have difficulties with special organisation;
- produce erratically sized letters;
- experience some spelling difficulties;
- demonstrate dyspraxic tendencies.

## When does it happen?

This programme is best delivered in 15 minute slots at least 3 times a week, small groups or individually.

# Pyramid Club



## What is it?

Pyramid Club is an activity club that usually runs before school for small groups of children. At the club, children do lots of fun activities to help them improve their confidence and develop new friendships.



## Who is it for?

This Catch-up Programme supports children who might:

- have low self-esteem;
- have low levels of confidence;
- be isolated or find it hard to find friends on the playground;
- be experiencing stress or poor mental health.

## When does it happen?

45 minute sessions that take place in the morning before school.

# LEGO Therapy



## What is it?

LEGO®-based therapy aims to develop social competence through the development of social skills. Collaborative play provides opportunities for children to practise skills such as turn-taking, listening, sharing ideas, communication, compromise, problem solving and shared attention.



## Who is it for?

This Catch-up Programme supports children who might:

- demonstrate communication difficulties;
- struggle to focus on a task;
- find it hard to share and turn-take;
- show low resilience and problem-solving abilities;

## When does it happen?

This programme is delivered via 30 minute slots, at least once a week. Groups need to contain 2-3 children.

# Emotional Literacy Support Assistance

Social &  
Emotional

## What is it?

These sessions allow children to develop their social skills, friendships and relationships as well as learn how to manage their emotions. It is particularly effective for children who have experienced loss or change and helps children with their self-organisation skills.



## Who is it for?

This Catch-up Programme supports children who might:

- have displayed a change in behaviour, possibly related to social and emotional difficulties
- have disengaged from their learning;
- have struggled to process emotions;
- present as unhappy or anxious.

## When does it happen?

This programme might be delivered in 15-20 minute sessions, twice a week, depending on need.



# Zones of Regulation



## What is it?

The Zones is a systematic, cognitive behavioral approach used to teach self-regulation by categorizing all the different ways we feel and states of alertness we experience into four concrete colored zones. The Zones framework provides strategies to teach students to become more aware of and independent in controlling their emotions and impulses, manage their sensory needs, and to improve their ability to problem solve conflicts.

## Who is it for?

This Catch-up Programme supports children who might:

- have displayed a change in behaviour, possibly related to social and emotional difficulties
- have disengaged from their learning;
- have struggled to process emotions;
- present as unhappy, anxious or unemotional.

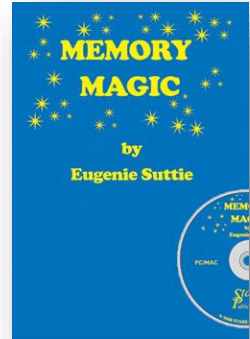
## When does it happen?

This programme might be delivered in 20-30 minute sessions, between once and twice a week, depending on need.

# Memory Magic

## What is it?

This programme can be used to assess working memory and develop memory skills with children of all primary ages. It includes 63 activities which are divided into 7 "Magic Tricks" that help children discover how to support their working memory and learning.



## Who is it for?

This Catch-up Programme supports children who might:

- have difficulty remembering the beginning of a spoken or written sentence;
- struggle to plan sentences, paragraphs and stories;
- have difficulty learning new concepts;
- find it hard to solve maths problems with simple early maths, e.g. remembering not to count a cube twice;
- struggle to reprocess what they have written to make it sensible.

## When does it happen?

This programme is delivered in 20-minute sessions at least 3 times a week, individually for each child.