

Aspire - Believe - Achieve

Pucklechurch CEVC Primary School

# PUCKLECHURCH NEWS

"Let your light shine before others, that they may see your good deeds and glorify your Father in Heaven" Matthew 5:16

Issued weekly

Email: [admin@pucklechurchprimary.org.uk](mailto:admin@pucklechurchprimary.org.uk)

[www.pucklechurchprimary.org.uk](http://www.pucklechurchprimary.org.uk)

5 January

2024

Issue 198

Dear Parents/Carers,

Happy New Year to you all. We do hope that you had a lovely Christmas and wish you all for the new year ahead. The children have come back wonderfully – they are keen, eager and ready to learn which is a delight. I have spent time popping into classes this week and you can feel how focused the children are and eager to do well.

In collective worship today, we discussed how they have demonstrated our school values. They could all give me such excellent examples of showing each of the values this week in school. It really is one of the many ways that makes our school and community so very special.

This, as always is a busy term so we are really looking forward to seeing how the children develop and grow.

Take care,

Mrs Capel.

### Term 3 dates

12<sup>th</sup> January – School Council Talent Show  
16<sup>th</sup> January- EYFS and Year 1 Phonics workshop 5-5.30pm (please book in beforehand with the office)  
18<sup>th</sup> January **any time from 9am for a 9:30 start** – South Glos Parents and Carers Coffee morning – theme 'Anxiety and Difficulties attending school' (please book in beforehand with the office)  
25<sup>th</sup> January – Spanish Day  
25<sup>th</sup> January – RE Parent Workshop 9am  
2<sup>nd</sup> February - Parent coffee morning – all welcome 9am (please let the office know in advance)  
9<sup>th</sup> February – End of term 3

'Let your light shine before others, that they may see your good deeds and glorify your Father in Heaven.'  
Matthew 5:16



15<sup>th</sup> April 2024  
14<sup>th</sup> June 2024

### Value

This term we are exploring our value of compassion and the story of 'Feeding the 5,000'. The children will be exploring this value in their collective worship and through their learning as well demonstrating compassion in their every day lives.

"The Lord is good to all; He has compassion on all He has made" Psalm 14:9

### Class Attendance

Seacole SD – 95.9%  
Armstrong MN – 96.0%  
Armstrong IC – 93.4%  
Newton BM – 95.2%  
Newton SM – 93.6%  
Newton RF – 93.6%  
King AB – 92.2%  
King MP – 96.0%



### Dodgeball Festival

This week our year 5 and 6 children represented Pucklechurch in the annual Dodgeball festival held at Mangotsfield secondary school. A superb performance from the whole team as well as fantastic attitudes! What a great way to kick off the year!

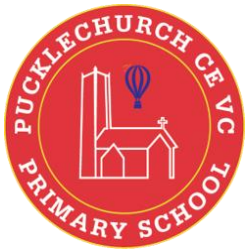


### Nut Free school

A reminder that we are a nut free school.



Please do not send anything into school which contains nuts – this does include spreads which sometimes have nuts in. Many thanks.



Aspire - Believe - Achieve

Pucklechurch CEVC Primary School

# PUCKLECHURCH NEWS

*"Let your light shine before others, that they may see your good deeds and glorify your Father in Heaven" Matthew 5:16*

Issued weekly

Email: [admin@pucklechurchprimary.org.uk](mailto:admin@pucklechurchprimary.org.uk)

[www.pucklechurchprimary.org.uk](http://www.pucklechurchprimary.org.uk)

5 January

2024

Issue 198

## Wellbeing

School staff recently attended training in supporting well-being and learnt about several breathing techniques designed to reduce feelings of stress and anxiety. Mindful breathing is a great strategy to engage with each morning before the day begins to 'start strong' and maintain the feeling of calm, during even the most hectic and potentially stressful days.



Here's one to try, trace the shape of the arrows (the box) in your mind or on your palm or knee then breathing in for 4 counts, holding for 4 counts, breathing out for 4 counts and then holding for 4 counts. Then repeating the process.

## Phonics Workshop

Mrs Davis will be running a phonics workshop for Reception and Year 1 parents on Tuesday 16<sup>th</sup> January from 5-5.30pm on Microsoft Teams. This will be a recap of the phonics workshop already delivered to Year 1 parents but if you were unable to attend or would like to attend again, you are welcome to attend this one.



She will be talking about the different phases of phonics and the best ways to support your children at home with their phonics and reading.

Please can you contact the office if you would like to attend so we can email the links out to you nearer the time.

## Careers Day

We are holding a Careers day on 21<sup>st</sup> February and wondered if any parents would like to come in and share with the children what you do in your jobs.



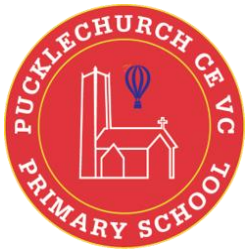
We are looking for a range of people and roles. Please let the office know if you are able to come along. Currently we only have one volunteer so please do consider it if you can.

## Smart Watches

We have noticed that lots of children have received smart watches for Christmas. Whilst we acknowledge that these are an exciting present for the children, it is also becoming apparent that the apps/games are somewhat of a distraction during class and can even present a safeguarding risk due to their inbuilt cameras and facility to send messages to other children who are wearing compatible watches.



We would like to remind you that if children begin to use their smart watches beyond simply telling the time or recording exercise on the Daily Mile etc, we will have to ask them not to wear their smart watch to school. Thank you for your understanding.



Aspire~ Believe~ Achieve

Pucklechurch CEVC Primary School

# PUCKLECHURCH NEWS

*"Let yours light shine before others, that they may see your good deeds and glorify your Father in Heaven"* Matthew 5:16

Issued weekly

Email: [admin@pucklechurchprimary.org.uk](mailto:admin@pucklechurchprimary.org.uk)

[www.pucklechurchprimary.org.uk](http://www.pucklechurchprimary.org.uk)

5 January

2024

Issue 198

## School Coffee Morning

There will be a coffee morning in school on Thursday 18<sup>th</sup>

January 2024 run by South Glos Parents and Carers which will be on the theme of **'Anxiety and Difficulties Attending School'**. Please do join us **from 9am for a 9:30 start** if you would like advice to support you with managing your child's anxiety or difficulty attending school please could you let our office staff know if you are planning to attend.



## School Library

Our very well stocked library is currently looking rather sparse, particularly with our zone books. Teachers have spoken to classes about checking their bags and at home for any books that they might have. Please can we ask that any books are brought in next week if you have any. Children are given the chance to change their books weekly, they will return their book to the library and swap this for another one.



## Seacole SD

Wow it is lovely to see Seacole coming back to school with such a great attitude after their break. This term we have been throwing ourselves into our writing and building up our letter formation and pencil control. We are also really enjoying exploring the story 'We're going on a bear hunt' and have been making lots of art linked to our story.



What a lovely start to term 3- well done Seacole!

## Armstrong MN

We have had a brilliant start to the term in Armstrong MN. We have come back with a great attitude and have already started to show our school values. We have been learning about



our key text Florence Nightingale and exploring how she has shown our school values. We cannot wait to learn more this term!



## Armstrong IC

We have had a lovely start to



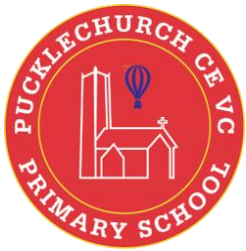
Term 3, our days have been filled with lots of new learning and fun activities. You have returned from the Christmas break refreshed and with great learning attitudes. We have enjoyed starting our computing learning on robot algorithms and art doing print making using Andy Warhol as our influential artist. In PSHÉ we have set ourselves realistic and achievable goals for this term so that we can understand success further.

## Newton BM

Newton BM have had a fantastic start to the term. Everybody has come back to school with a brilliant attitude and ready to learn. On the first day of term, we travelled back in time to the Victorian days and had great fun exploring what it would have been like in a Victorian classroom. So far this week, we have got stuck into our new text - Street Child, investigated forces in Science and applied our creative skills to make natural picture frames during outdoor learning. Keep up the good work Year 3!







Aspire~ Believe~ Achieve

Pucklechurch CEVC Primary School

# PUCKLECHURCH NEWS

*"Let yours light shine before others, that they may see your good deeds and glorify your Father in Heaven"* Matthew 5:16

Issued weekly

Email: [admin@pucklechurchprimary.org.uk](mailto:admin@pucklechurchprimary.org.uk)

[www.pucklechurchprimary.org.uk](http://www.pucklechurchprimary.org.uk)

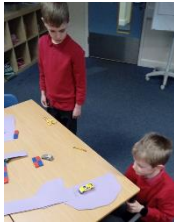
5 January

2024

Issue 198

## Newton RF

Newton RF have made a great start to 2024 and shown great enthusiasm for our learning so far. Highlights of the first week back have included reading the beginning of our new class text 'Street Child', experimenting with magnets and making racing and fishing games that



involve magnets. We had lots of fun thinking about what a Victorian classroom is like and enjoyed the novelty of calling me 'sir' instead of Mr Ford!



## Newton SM

It has been a fantastic first week as Newton SM! The children have all jumped straight into the new year with enthusiasm and a great positive mindset.



We have been really enjoying launching into our writing, science and theme for this term, especially getting to create our own fishing and racing games using magnets!



## King AB

It has been lovely to see you all again after the Christmas break. I have been pleased with their positive learning attitudes and enthusiasm. We have had a great first week and enjoyed starting our new text – the willow pattern story and making predictions about the book.



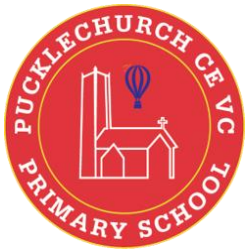
We have also been working hard in maths this week learning new multiplication skills. We finished the week off thinking about our dreams and aspirations for the future. Well done King AB for a super first week back!



## King MP

King MP have come back to school with a great attitude towards their learning and it has been fantastic to hear about what everyone has been up to over the Christmas break! We've wasted no time getting right back into our learning, we have started our new text – The Willow Pattern Story, learnt about how light travels from an object into our eyes and even learnt to tell the time in Spanish! What a start to the term! Well done King MP!





Aspire~ Believe~ Achieve

Pucklechurch CEVC Primary School

# PUCKLECHURCH NEWS

*"Let your light shine before others, that they may see your good deeds and glorify your Father in Heaven" Matthew 5:16*

Issued weekly

Email: [admin@pucklechurchprimary.org.uk](mailto:admin@pucklechurchprimary.org.uk)

[www.pucklechurchprimary.org.uk](http://www.pucklechurchprimary.org.uk)

5 January

2024

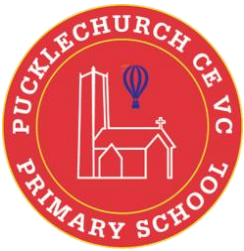
Issue 198

## **Attendance Reminder**

Regular school attendance is essential for children to not only make progress both academically and socially but also to feel settled, safe and secure. The DfE publication 'Working Together to Improve School Attendance' May 2022 notes that "pupils with the highest attainment at the end of key stage 2 have higher rates of attendance over the key stage compared to those with the lowest attainment."

It is important that any absence is recorded correctly on Arbor, therefore we ask that parents email the school office with information of planned absence for medical appointments etc and/or call the school office to report sickness. Broken weeks, this means 2 or more weeks interrupted by sporadic periods of absence, can have the most impact on a child's learning as they keep missing key points of learning. An attendance rate of less than 90% is equivalent to missing one day a fortnight. Anything below 95% is considered low. Taking a holiday during term time will compromise good attendance and should be avoided. Where holidays reach the criteria of more than 10 sessions or 5 days of unauthorised leave over a 7-week period, we will need to complete a penalty notice form and return it to the local authority.

We recognise that some pupils may find it harder to attend school than others, if your child is experiencing difficulties please speak to their class teacher in the first instance or ask to speak to Mrs Jones, our SENCO, so we can all work together to build trusting relationships and ensure support is in place. Due to the importance of good attendance, we will be monitoring it closely across the year, as part of this we may be in touch to discuss any issues or patterns in absence we notice.



Aspire~ Believe~ Achieve

Pucklechurch CEVC Primary School

# PUCKLECHURCH NEWS

"Let your light shine before others, that they may see your good deeds and glorify your Father in Heaven" Matthew 5:16

Issued weekly

Email: [admin@pucklechurchprimary.org.uk](mailto:admin@pucklechurchprimary.org.uk)

[www.pucklechurchprimary.org.uk](http://www.pucklechurchprimary.org.uk)

5 January

2024

Issue 198

## Box breathing

Hold for 4 counts



Benefits of box breathing:

1. Brings balance to your mind and body
2. Regulates your natural rhythm
3. Effective in dealing with stress, anxiety and anger

Inhale for 4 counts



Exhale for 4 counts



Hold for 4 counts

